Preventive care/SPA services

Sanatorium / SPA centre	CURATIVE MUD - baths, applications, pads, electric mud	Curative mud from Druskininkai	CURATIVE SHOWERS	MEDICAL TESTS AND DIAGNOSTICS	DOCTOR'S CONSULTATION	FOLLOW-UP CARE	MASSAGES																					BATHS										KINESITHERAPY									
Services							Anticellulite	Aromatherapeutic massage	Relaxing massage	Full body massage	Gum / mouth hydromassage	Lymphodrenage	Classic massage	Slimming massage	Massage chair	Pneumomassage	Underwater massage	REIKI massage	Romantic massage	Dry body massage	Firming massage	Seaweed massage	Lava stone massage	Honey, aroma-oil massage	Vacuum massage	Carbonic bath	Double and four camera bath	Iodine-bromine bath	Honey bath	Mineral baths of various mineral content	Bubble bath	Pine bath	Jacuzzi	Turpentine bath	Herbal bath	Vertical bath	In the pool	Bodyflex breathing	Ergotherapy	In groups	Individual	Manual therapy	Mechanotherapy	Spine stretch	With body-builders	Velo exercises	Vertical baths in the pool
BELORUS SPA Hotel	●		●	●	●	●	●	●	●	●			●	●	●		●			●		●		●		●			●	●		●		●	●			●	●	●					
Best Western Hotel CENTRAL								●	●	●			●											●																					
DRAUGYSTĖS Sanatorija SPA Hotel	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●		●	●	●	●	●	●					●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●
Health centre of DRUSKININKAI	●		●		●	●	●		●		●		●		●		●									●	●			●			●	●	●	●	●			●	●					●
East Island Oriental SPA							●	●	●	●		●	●	●						●	●	●	●	●																					
EGLĖS Sanatorija SPA Hotel	●			●	●	●	●		●	●	●	●	●	●	●	●	●			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●
SOTHYS SPA centre							●	●	●	●		●	●	●						●	●	●	●	●																					
LIETUVA SPA Hotel	●			●	●	●	●	●	●	●	●	●	●	●			●						●	●		●	●	●		●	●	●	●	●	●	●		●	●	●				●	
MEDEA diagnostics				●	●		●	●	●	●		●	●	●		●					●	●		●	●																			
MEDEA clinic							●	●	●	●		●	●																																	
MEDEA healthy beauty					●	●	●	●	●	●		●		●		●	●				●			●	●					●		●													
SPA Vilnius SANA	●			●	●		●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●		●	●		●								
AQUA MEDŪNA Hotel	●		●	●	●		●	●	●	●			●				●			●	●		●	●					●	●	●	●	●	●	●	●									
DRUSKININKAI Hotel	●		●	●	●	●	●	●	●	●			●	●			●		●	●	●	●	●	●		●	●	●		●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●
GALIA Hotel	●		●		●																					●	●	●		●	●	●	●	●	●										
MEDŪNA Hotel	●		●	●	●		●	●	●	●			●				●			●	●		●	●					●	●	●	●	●	●	●	●									
PUŠYNAS Hotel	●		●		●								●		●		●									●	●			●	●		●	●	●										
DE LITA Hotel									●	●			●						●					●																					

Sanatorium / SPA centre	PHYSICAL MEDICINE																															OTHER TREATMENTS																	PREVENTIVE CARE SERVICES				
Services	Darsonvalisation	Diodinamotherapy	Elektrophoresis	Electric stimulation	BIOPTRON / light therapy	Fonophoresis	Halotherapy	Inductothermy	IR sauna	Interference currents	Compression therapy	Laser therapy	Lymph circulation stimulation/ Lymphovision therapy	Magnet laser	Magnet therapy	Paraffin applications	Tubinis kvarcas	UHFAD (ultra figh frequency) therapy	Ultrasound therapy	Ultraviolet light therapy	Low and medium frequency currents	Aerophytomusical/ Musical/ Art/ Audiovisual therapy	Reflexotherapy/ Acupuncture	BIO DETOX	Oxygen therapy	Oxygen/ herbal cocktail	Gynecological washing	Vibration treatment	Hirudotherapy (medical leeches)	Inhalations	Kriotherapy (cold treatment)	Microenema	Mineral water	Psychotherapy	Su-Dzok therapy	Herbal tea	Hydrocolonotherapy	Cleaning enema	Steam bath	Sauna	IR sauna	Weekend packages	Pools
BELORUS SPA Hotel	●	●	●	●	●	●									●	●	●		●		●	●		●					●	●		●	●			●	●	●			●	●
Best Western Hotel CENTRAL																																							●			●	
DRAUGYSTĖS Sanatorija SPA Hotel		●	●	●	●	●	●			●	●		●		●		●		●	●	●								●		●		●		●	●	●	●	●		●	
Health centre of DRUSKININKAI		●	●	●	●	●				●									●		●			●			●		●	●	●	●			●	●	●	●			●	●
East Island Oriental SPA																●																						●		●	●	●	●
EGLĖS Sanatorija SPA Hotel		●	●	●	●		●	●	●	●	●	●	●	●	●			●	●	●	●		●		●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●
SOTHYS SPA centre																																												
LIETUVA SPA Hotel	●	●	●	●	●	●	●	●			●				●										●	●			●		●		●		●		●	●	●	●	●	●	●
MEDEA diagnostics																																							●			●	●		
MEDEA clinic																																												
MEDEA healthy beauty									●	●						●				●		●																	●		●	●	
SPA Vilnius SANA			●	●	●	●	●	●	●	●			●		●	●		●	●		●		●			●			●		●	●			●		●		●	●	●	●	●
AQUA MEDŪNA Hotel																																							●		●	●	●	●
DRUSKININKAI Hotel		●	●	●	●	●	●	●		●					●				●				●		●	●			●	●	●	●			●			●		●	●	●	●
GALIA Hotel																								●											●				●		●	●	●	●
MEDŪNA Hotel																																							●		●	●	●	●
PUŠYNAS Hotel		●	●	●	●																			●			●			●	●		●			●	●	●	●	●	●	●	●
DE LITA Hotel																																												

● – the service is provided locally

● – booked service is provided by Druskininkai SPA

● – booked service is provided by East Island Oriental SPA

● – booked service is provided by Druskininkai Aqua Park

● – booked service is provided by SPA Druskininkai